

TRAINING FOR FACILITATING GRIEF GROUPS WITH K - 12 YOUTH

Did You Know ?

The U.S. Census Bureau estimates that 1 in 10 children will experience the death of a parent by the age of 18. You can facilitate small group sessions with youth who have experienced losing a loved one. Learn the impact of loss on children. We will cover how the loss affects various ages differently and what the typical stages of grief are. Schools and youth - serving organizations need to be able to offer support and feel prepared when dealing with grief issues.

Training Topics Include:

- Common Reactions - Stages of Grief (Kubler - Ross)
- Myths about Children and Grief
- My Grief Rights: Ten Healing Rights for Grieving Children (Wolfelt)
- Knowledge of loss according to developmental stage
- Tips on talking to elementary, middle and high school youth

Training Cost:

📌 **FREE** - with purchase of My Journey Grief Curriculum

- Each school site can send up to two attendees for no cost with a Purchase of a HS/MS Curriculum or Elementary School Curriculum. Choose your grade lever when registering for training.

📌 My Journey Grief Group Facilitator Guide and Student Workbooks

- Each set comes with a facilitator guide and 10 student workbooks, which include 8 chapters designed to be led over 8-10 weeks.
- The topics include: Feelings, Beliefs, My Story, Changes, Balance, Connections and Memories. This unique set was developed after years of facilitating grief groups by a Licensed Clinical Social Worker. It is designed to walk youth through the stages of grief and celebrate their progress in facing their challenges.
- Visit www.pcesolutions.org to view sample lessons.

Trainer: Regina Seiz

- 📌 Regina Seiz is the author of the My Journey Curriculum. She is a Licensed Clinical Social Worker who has worked with children and families for over 20 years. She has experience in working with foster youth, tribal communities, and students in public school districts. She has extensive knowledge in dealing with death and dying, loss, trauma, and various other mental health issues. Gina also serves as an adjunct faculty in the School of Social Work at the University of Southern California.

The top workshops at the Annual School Climate Conference participate in the Training Series throughout the year.

Upcoming Trainings:

- **Date:** May 27, 2020
- **Location:** Online

Time: 9:00 a.m. – 12:00 p.m.

Attendees Include:

School Administrators, Counselors, After School Coordinators, Teachers and Support Staff